

What's Inside Bulldog Nation

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Upcoming Events

- Nov 20-21- Bulldog Swimming at Home
- Nov 23rd-27th- Thanksgiving Break
- Nov 20th- Opening of Christmas in The Park
- Dec 12th- Candy Cane Cash
- Dec 12- Altus Christmas Parade at 6 P.M.
- Dec 14th- Choir Concert

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Cheerleaders Win 5A State Title

By Lilian Easter
Junior Editor



AHS Cheer 2020-2021. Photo by Shanda's Shots Photography

The Altus High School Cheerleaders won the 5A game day State Championship by two points over 14 other big name schools in the state. This is the first year that the AHS cheerleaders have won state.

AHS Cheer made it into the top 6 after the preliminary round before competing for the State Title last Saturday. Their routine consisted with a band dance, chant, cheer, and the Bulldog fight song all in under three minutes.

Senior Rylee Borrego states, "I am so proud of our team; we worked everyday as one, and by the end of the night not only were we a team, but a family. It was the best night, and I

could not imagine my last cheer competition at AHS."

The Altus Cheerleaders also placed first in Regionals over many area teams to advance to the State Competition.

Freshman Avery Tucker states, "Hard work pays off, and I'm so glad we won State!"

The cheerleaders started this year with four returning seniors and all new coaches. Their coaches are Allie Ridley and Nicole Lamb, who are both former AHS cheerleaders. The cheerleaders started practicing for competition in July.

Coach Allie Ridley states, "Our girls had to put in so much work and effort

these past few months and they have improved tremendously. We are so proud to coach such amazing and talented group of girls."

Everyday the cheerleaders have practiced from 2:15 to 5:00 p.m. to perfect their regional and state routines.

Junior Carly Thomas states, "Our three-hour practices everyday since August have finally payed off. I love this team, and our coaches. I'm so proud to say this cheer team is the first out of Altus to win."

Congratulations to The AHS Cheerleaders. A celebratory pep assembly will be held tomorrow at 2:30 p.m. to honor our State 5A Championship Cheerleading Squad.

Abi Beane

By Taylor Johnson
Staff Writer



Abi Beane is a sophomore here at AHS. She has lived in Altus since she was eight years old. She has attended AHS for two years.

Her parents are Kelly Beane and Bryan Beane. She also has a brother, Elijah, who is 11 years old. Her mom is a professional photographer and her dad is a fitness and nutrition coach.

Abi is a Varsity cheerleader and a Bluharmonix choir member. She loves to stay busy and always be involved. Abi says, "I strive to always be a light for everyone around me and I love to make people smile."

Abi plans to attend University of Central Oklahoma and obtain a degree in professional media to eventually become a new's broadcast journalist.

Abi says, "Altus has always been like a family to me." Her favorite thing about AHS is how everyone is close knit and she absolutely loves the environment and support from teachers and other students.

Something you may not know about Abi is that she has been to Taylor Swift's house in Rhode Island.

Abi strives to be the best version of herself for everyone around her and benefit others needs in anyway possible.

Her favorite verse is Matthew 28:19-20 "Therefore go and make disciples of all nations, baptizing them in the name of the Father, the Son, and the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you."

Ethan Brunner

By Clarissa Lopez
Staff Writer

Ethan Brunner is a sophomore here at Altus High School. He was raised in Altus, Oklahoma. He has attended Altus High School for two years.

He lives with his mom, Heather Norton, who is an English teacher at Altus Intermediate School. His stepfather, Sean Norton, used to be an aircraft mechanic, but is currently working on starting a business in Altus. Ethan has two younger siblings: Connor and Emma Norton. Connor is in 6th grade and Emma is in 4th grade.

After high school, Ethan is undecided on what he would like to do.

Ethan's main interests are building scale models of giant fictional robots and singing. He also enjoys play-

ing video games. His favorite video games are Call of Duty, Smash Bros, and Monster Hunter.

Ethan took jiu-jitsu classes when he was younger and received a yellow belt.

Ethan feels motivated by his friends and by social media.

Ethan's favorite thing about Altus High School is socializing with his friends everyday and meeting students and teachers.

Something students at Altus High School might not know about Ethan is that he used to be able to put his right leg behind his neck and lock his right ankle into the pit of his left knee.

Ethan's favorite quote is, "You gotta roll with the punches and come back with a dragon punch."



AP-Stats Races Away

By Adeline Perkins
Senior Managing Editor

The AP Statistics class here at AHS recently performed an experiment over the effects of texting and driving.

The experiment took place yesterday and today. Monday, principals were able to try out and test the system. To start, three students were taken randomly from 10 teachers during second hour.

The students then were categorized into three different groups: no permit or license, permit, and license. They decided on these categories so the level of experience could be taken into account.

Each student played a single round of solo timed trial in Mario Kart and had their time recorded. The first time they drove there was no texting involved so the initial times could be recorded. They then went to a



Mr. Martin tries the experiment for AP Statistics. Photo by Sara Howard.

second room and played the same round while they were tested with texting and driving. Every student had to use the same character and kart in order to keep conditions consistent.

Mrs. Beckner, Mrs. Harms, and Mr.

Marin both tried out the stimulator on Monday. Mrs. Beckner states, "It was a great opportunity for all of us to be able to see the effects, of not only texting, but also small distractions while driving."

ASEA Students Job Shadow Teachers

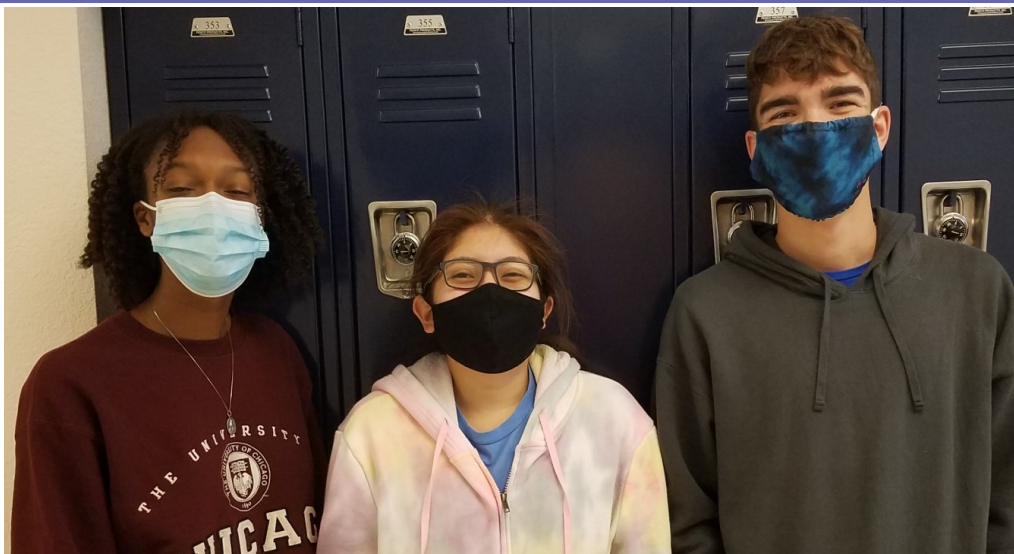
By Rhonda Garrison
Guest Staff Writer

Seven student members of Altus Student Education Association visited Altus schools last Friday to get a glimpse into a day in the life of teachers.

During their annual job shadowing event, students shadowed teachers at the Altus Intermediate School, Altus Primary School, and Rivers Elementary. Mrs. Redden, Mrs. Anderson, and Mrs. Cook, at those respective schools made sure that all necessary precautions could be taken to allow our students this experience.

ASEA members do not just observe; many times they are asked to read to students, assist students with daily work, and help the teacher with classroom tasks. The younger students also benefit by the experience and have the opportunity to interact with their role models.

Students who participated were: seniors Ariel Browne, Ellie Tesh; juniors Kylie Erward,



ASEA job shadow participants. Photo by Sara Howard.

Elisabet Alanis, Joe McBride, and Kee-gan Kyser; and sophomore Clarissa Lopez.

Club sponsor Mrs. Garrison stated, "This is such a beneficial activity for our students. It allows them to get a better understanding of what goes into being a teacher. Many times after job shadowing, students decide that they

will not pursue a career in education, and that is fine. That's the point of job shadowing. However, students who are in ASEA for four years and still feel like teaching is the right career path for them are more likely to be successful educators. They are going into the profession with some knowledge of what will be expected of them."

Swim Team Dominates over Weekend!

By Gracie Taylor
Staff Writer

The AHS Swimmers are forging ahead into the season with Head Coach Linda Wiginton and Assistant Coach Michael Shive.

This is one of the smallest girl's teams in recent years, but they have great speed. The guys also have speed and depth. They have been working very hard and are getting faster and faster as the year progresses. The season goal is always to bring home the State Championship trophy.

Key swimmers include seniors Macinzee Cook, Kaleb Shive, and Taylor Kellison.

At this past weekend's meet, both teams dominated over all of the Lawton High Schools, Duncan, Chickasaw, Marlow, and Elgin.

Some of the difficulties that the swim team has experienced this year are that many of the meets are limited to only a small amount of people due to Covid-19 precautions. Right now, parents are only allowed to watch the meets, and temperatures



The Bulldog Swim Team at their meet last weekend. Photo courtesy of Coach Wig.

will be taken at the door.

Kylie Allemeier states, "I enjoy spending time with my team, especially when we win!"

Kaleb Shive is shooting for a State Champion medal in both of his individual events. He even swam half of Regionals and all of state last year with a broken hand.

Coach Wiginton wants her players to know that high school pressure is nothing compared to the pressure of college or life.

Linda Wiginton states, "Discipline is required throughout life in jobs and relationships. Being on a team teaches them that. They should remember that being on the swim team is fun!"

Teacher Spotlight: Gayle Abernathy

By Grayce Gilliam
Staff Writer

Mrs. Abernathy is a mathematics teacher here at Altus High School. She was born and raised in Altus, Oklahoma.

She graduated from Grand Ole' Altus High School in 1978. She has been teaching for 34 years at AHS.

For the past three years, she has also been the math teacher at Bulldog Academy. This year, in addition to teaching Bulldog Academy, she is an Altus High School Virtual School Math Teacher.

Mrs. Abernathy always planned to go to law school following in her dad's and brother's footsteps. Her plans changed when she got married and moved back to Altus.

Since she was determined to earn a college degree and math had always been her favorite subject, she pursued a degree in mathematics with a teaching

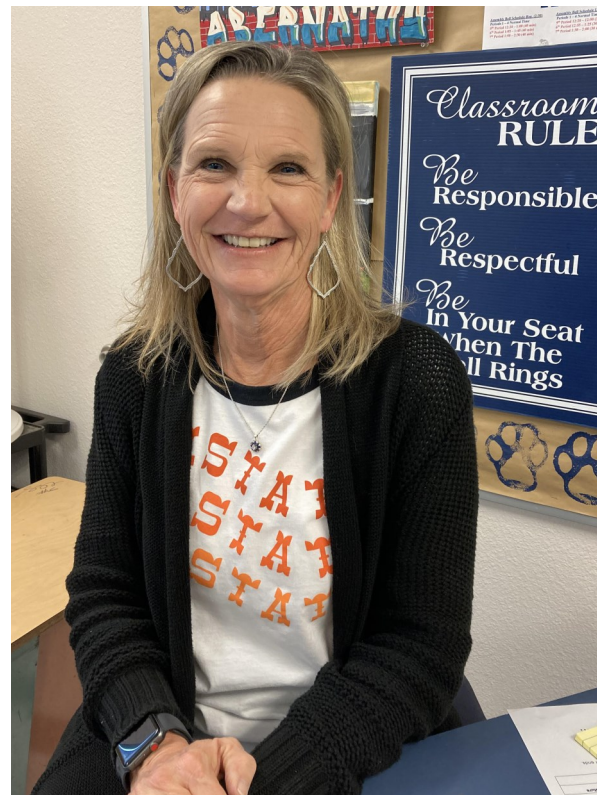
endorsement.

Mrs. Abernathy has been married to Don Abernathy for 39 years. They have three children: Ashely, Braddock, and Abby who are all AHS Alumni. She also has a beautiful granddaughter named Banner who is the light of her life.

She loves to read and owns more than 2000 books. She would rather read than watch television. She also enjoys working in her yard and flower garden and hiking.

Something cool Altus High School student may not know about Mrs. Abernathy is that she loves decorating for Christmas! She puts up 32 Christmas trees and decorates 12 of them.

Mrs. Abernathy states, "Everyone you meet is fighting a battle you know nothing about. Be kind ALWAYS."



Bulldog Bites

By Gracie Taylor

What is your
favorite
Thanksgiving
food?



Junior Kendra Ramos states, "Turkey."



Junior Xexyz Harold states, "Peach Cobbler."



Senior Andrew Sims states, "Smoked Brisket."



Senior Joseph Stephenson states, "Steamed Carrots."

Senior Spotlight: Abriana & Reggie

By Rebecca Borghini & Sara Howard
Senior Staff Writer & Senior Managing Editor



Abriana Renfro is a senior at Altus High School. She grew up in Altus and has attended AHS since her freshman year. Her parents, Kristie and Jesse, grew up in Frederick and met each other there. She has an older sister, Desiree, a brother, Jesse who is in 11th grade at AHS, and two younger sisters, Brooklyn and Faith.

Her favorite thing about AHS singing and being in Varsity Chorale this year. Her dad and sister both loved to sing, and it made her grow an interest in it.

She says, "It's a lot of fun. I especially enjoy singing with other people."

After high school, Abri plans to

stay here to attend Western Oklahoma State College and then go to Cameron University in Lawton to major in Psychology.

Something AHS students might know about Abri is that she went to Disney World when she was younger. They stayed for a week at a really nice hotel with three separate pools. They went to almost every part at Disney World. Her favorite was Magic Kingdom.

Abri's motivation comes from her parents. She says, "They motivate me every day to do better for myself. It makes me realize I deserve everything I get."

Abri's favorite quote is, "What comes easy won't last long, and what lasts long won't come easy."

Reggie Haywood is a senior here at Altus High School. Reggie grew up in Altus, Oklahoma, and Omaha, Nebraska.

Reggie lives with his mom, Joyce Foster, grandma, Georgia Rico, and his sister, Rayven Foster.

Reggie is interested in basketball. He fell in love with the game the first time he picked up the ball. His inspiration comes from his mom, because she has never missed a game.

After high school, Reggie plans to join the Air Force and work as an aircraft mechanic.

Reggie states that his favorite thing about AHS is, "The school

spirit is always on 100%, no matter how bad or good the sports teams are doing."

He also appreciates that his teachers and counselor check on him to make sure he is keeping up with his schoolwork.

Something interesting that AHS students might not know about Reggie is that he works at Burger King.

Reggie is motivated in life by God and his family. His family has been through the high and lows with him, and they are still going.

Reggie's favorite Bible verse is Philippians 4:13, "I can do all things through Christ who strengthens me."

