

**BREAKFAST GRAB-N-GO**  
**(Altus High School)**

**MARCH 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
25 Feb 2019 Peach Yogurt w/ Granola *Cinnamon Elf Grahams Fruit Juice/Milk	26 Turkey Bagel *Scooby Graham Snacks Craisins/Fruit Juice/Milk	27 Rice Krispy Apple Cinnamon Bar *Strawberry Pop Tarts Fruit Juice/Milk	28 Chicken Slider Dried Mixed Fruit Juice/Milk	01 Mar 2019 Sausage Breakfast Pizza *Fruit Gummy Mixed Berry Fruit Juice/Milk
04 Mini Pancake Maple Bursts Strawberry Gogurt Fruit Juice/Milk	05 Warm Cinnamon Roll *Goldfish Pretzels Fruit Juice/Milk	06 French Toast Cinnamon Rush *Strawberry & Banana Blast Yogurt Fruit Juice/Milk	07 Breakfast Wrap Sau/Egg/Cheese *Veggie Pack Fruit Juice/Milk	08 Biscuit w/Egg Patty & *Melted Cheese *Cinn Scooby Sticks Fruit Juice/Milk
<b>Let's Celebrate! NATIONAL SCHOOL BREAKFAST WEEK 04-08 MARCH 2019</b>				
11 Blueberry Breakfast Bar *Chex Mix Strawberry Yogurt Applesauce Cup Juice/Milk	12 Cheese Filled Breadstick Sausage Links Fruit Juice/Milk	13 Homemade Banana Muffin Square *String Cheese Dried Mixed Fruit Juice/Milk	14 Sausage Breakfast Pizza *Raw Baby Carrots Fruit Juice/Milk	15 Zucchini Bread *Gogurt Fruit Juice/Milk
18  SPRING BREAK NO SCHOOL	19  SPRING BREAK NO SCHOOL	20  SPRING BREAK NO SCHOOL	21  SPRING BREAK NO SCHOOL	22  SPRING BREAK NO SCHOOL
25 Mini Strawberry Creamy Bagel Fruit Juice/Milk	26 Blueberry Muffin *Cheese Cubes Craisins/Fruit Juice/Milk	27 Frosted Strawberry Pop Tart *Cinnamon Goldfish Fruit Juice/Milk	28 Biscuit w/Thin Sliced Ham & Egg Dried Mixed Fruit Juice/Milk	29 Toasted Cinnamon Twist Dry Cereal Rainbow Raspberry TRIX Yogurt Fruit Juice/Milk

All Menus subject to change due to availability of supplies.

This institution is an equal opportunity provider.

# *Altus High School Hot Breakfast Menu*

## *MARCH 2019*

Monday	Tuesday	Wednesday	Thursday	Friday
25 Breakfast Bar w/ Ham/Egg/Cheese Goldfish Crackers Dried Fruit/Fruit Juice/Milk	26 Warm Banana Squares Strawberry Gogurt Dried Fruit Mix Juice/Milk	27 Hot Dutch Waffle w/Warm Syrup Fresh Cubed Fruit Juice/Milk	28 "Bulldog Pile Up" (Biscuit/Scram Eggs/ Gravy) Fruit Juice/Milk	01 Mar 2019 Cinnamon Toast Crunch Cereal Raspberry Rainbow TRIX Yogurt Fruit Juice/Milk
04 Mini Strawberry Bagel Rice Krispy Bar Fruit Juice/Milk	05 Warm Oatmeal w/Cinnamon Sprinkles Bacon Dried Fruit Mix Juice/Milk	06 Blueberry Muffin Strawberry Gogurt Fruit Juice/Milk	07 Hot Biscuit w/ Sausage & Scrambled Eggs Mini Cinn Gripz Fruit Juice/Milk	08 Honey Nut Chex Cereal Honey Rite Graham Crackers Fruit Juice/Milk
<i>Let's Celebrate! NATIONAL SCHOOL BREAKFAST WEEK 04-08 MARCH 2019</i>				
11 Strawberry Pop Tart (2 count) Fruit Juice/Milk	12 Pancake Wrap w/Syrup Cheese Stick Strawberry Chex Mix Fruit Juice/Milk	13 Frosted Mini White Chocolate Cereal Raspberry Nutri Grain Bar Raisins/Fruit Juice/Milk	14 French Toast Sticks w/Syrup Veggie Pack Fruit Juice/Milk	15 Omelet w/Cheese WW Toast w/Jelly Granola Oatmeal Raisin Bar Fruit Juice/Milk
18  SPRING BREAK NO SCHOOL	19  SPRING BREAK NO SCHOOL	20  SPRING BREAK NO SCHOOL	21  SPRING BREAK NO SCHOOL	22  SPRING BREAK NO SCHOOL
25 Golden Grahams Cereal Cinnamon Toast Dried Fruit/Fruit Juice/Milk	26 Warm English Muffin w/Sliced Ham, Egg Patty & Melted Cheese Dried Fruit Mix Juice/Milk	27 WG Pancakes w/Fresh Fruit & Whipped Topping Turkey Sausage Links Fruit Juice/Milk	28 Yogurt Breakfast TRIX Bar Fruit Juice/Milk	29 Zucchini Bread Turkey Bacon Fruit Juice/Milk

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**Lunch Menu – March 2019**  
**(Hot Line & Bar Line)**  
*(Altus High School)*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>25 Feb 2019</b> *Street Taco's *Chili Con Carne w/ Beans French Fries Spinach Salad Crackers *Salad/Sandwich Bar	<b>26</b> *Roasted Turkey w/ Gravy WG Roll *Hot Ham Sandwich Mashed Potatoes Parmesan Broccoli Garden Salsa Chips *Taco Bar	<b>27</b> *Cuban Pulled Pork Sandwich *Sausage Pizza Corn Baked Beans Pickles *Salad/Sandwich Bar	<b>28</b> *Cream of Potato Soup w/Grilled Cheese Crackers *Spicy Chicken Fritter Sandwich Green Beans Romaine/Sliced Tom Graham Crackers *Potato Bar	<b>01 Mar 2019</b> *Hamburger *Lasagna Cheese Roll-up Wedge Fries Romaine/Tom/Pickles Veggie Pack TRIX Bar
<b>04</b> *Hoppin Chili Dog *Popcorn Chicken Wedge Fries Coleslaw WG Frito Chip *Salad/Sandwich Bar	<b>05 ENJOY BREAKFAST AT LUNCH</b> **"Bulldog Pile Up" (Biscuit/Scrambled Eggs/Sausage/Gravy) *Stuffed Crust Pepperoni Pizza Hashbrown Patty Corn Baby Carrots/Celery * Nacho Bar	<b>06</b> *Turkey Taco's Brown Rice *Turkey Melt w/ Swiss Cheese Pinto Beans Shredded Rom/Tomatoes WG Dorito Cool Ranch Chip *Salad/Sandwich Bar	<b>07</b> *Chicken Fajitas *Turkey Santa Fe on Roll Refried Beans Blackeye Peas Fresh Salad White Choc Chip Cookie *Potato Bar	<b>08</b> *Hamburger *Chicken Nuggets Tator Tots Roasted Vegetables (Broccoli/Bell Peppers) Romaine/Tom/Pickles Nutri Grain; Raspberry Bar
<b>Let's Celebrate! NATIONAL SCHOOL BREAKFAST WEEK 04-08 MARCH 2019</b>				
<b>11</b> *Baked Breaded Chicken Patty WG Roll *Sausage Pizza Mashed Potatoes w/Gravy Carrots Corn Golden Grahams Bar *Salad/Sandwich Bar	<b>12</b> *Spaghetti & Meat Sauce WG Garlic Bread *Mini Corn Dog's Roasted Vegetables Fresh Salad w/Ranch * Taco Bar	<b>13</b> *Grilled Ham Sandwich w/Tomato Soup Crackers *Chicken Nuggets Diced Potatoes Baked Beans Chex Cheddar Snack Mix *Salad/Sandwich Bar	<b>14</b> *BBQ Chicken Fillet WG Roll *Ribete on Bun Green Beans Tomato & Cucumber Salad Flamin Hot Cheetos *Potato Bar	<b>15</b> *Pizza Sticks *Cheeseburger French Fries Romaine/Tom/Pickles Veggie Pack Cheese Stick Nutri Grain Apple Cinnamon Bar
<b>18</b> Spring Break No School	<b>19</b> Spring Break No School	<b>20</b> Spring Break No School	<b>21</b> Spring Break No School	<b>22</b> Spring Break No School
<b>25</b> *Pizza Burger *Chicken & Cheese Crispito Sweet Potato Fries Fresh Green Salad Sliced Red/Green Bell Peppers Multigrain Chips *Salad/Sandwich Bar	<b>26</b> *Baked Lasagna WG Garlic Bread *Breaded Chicken Patty w/Melted Cheese on Bun Roasted Broccoli/Cauliflower/Carrots Romaine/Tom/Pickles Cinn Elf Graham Cookie *Nacho Bar	<b>27</b> *Chicken Nuggets *Stuffed Crust Pepperoni & Cheese Pizza Potato Wedges Blackeye Peas Romaine/Tom/Pickles Cinnamon Sugar Cookie *Salad/Sandwich Bar	<b>28</b> *Chili Cheese Fries Crackers *Hot Meatball Sub Pinto Beans Corn Fresh Salad w/Ranch *Potato Bar	<b>29</b> *Hamburger *Pepperoni Pinwheel French Fries Romaine/Tom/Pickles Veggie Pack Cowboy Spice Bread

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 \*Choice between two entrees will be offered at each lunch meal.  
 \* Fruit and Milk offered with every meal.

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