

Altus High School Hot Breakfast Menu

DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Dec 2018 Honey Nut Chex Cereal WG Toast w/Jelly Fruit Juice/Milk	04 Straw/Banana Yogurt Breakfast TRIX Bar WG Blueberry Muffin Raisins/Fruit Juice/Milk	05 English Muffin w/Egg Patty & Turkey Bacon Fruit Juice/Milk	06 Zucchini Bread Animal Crackers Fruit Juice/Milk	07 Sausage Breakfast Pizza Raspberry Nutri Grain Bar Craisins/Fruit Juice/Milk
10 Breakfast Bar w/ Ham/Egg/Cheese Vanilla Goldfish Dried Fruit/Fruit Juice/Milk	11 Hot Cinnamon Roll Fresh Fruit Juice/Milk	12 "Bulldog Pile Up" (Biscuit/Sausage/ Scram Eggs/Gravy) Fruit Juice/Milk	13 Dutch Waffles Warm Syrup Fresh Cubed Fruit Raisins Juice/Milk	14 Cereal Gogurt Chocolate Bear Graham Crackers Fruit Juice/Milk
17 Egg Omelet w/Cheese Hashbrown Patty Toast w/Jelly Mini Gripz Cinn Graham Crackers Fruit Juice/Milk	18 Pancakes w/Syrup Fresh Cubed Fruit Raisins Juice/Milk	19 Breakfast Bar w/ Sau/Egg/Cheese Rice Krispy Bar Fruit Juice/Milk	20 Banana Muffins Strawberry Chex Mix Fruit Juice/Milk	21 Oatmeal Bacon Peach/Raspberry Yogurt Craisins/Fruit Juice/Milk
24 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	25 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	26 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	27 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	28 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL
31 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	01 Jan 2019 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	02 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	03 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	04 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL

**All menus subject to change due to availability of supplies.*

This institution is an equal opportunity provider.



***Grab-n-Go Meal
(Altus High School)***

DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
03 Dec 2018 Peach Yogurt w/ Granola Cinn Goldfish Grahams Fruit Juice/Milk	04 Turkey Bagel *Scooby Graham Snacks Craisins/Fruit Juice/Milk	05 Pancake Sausage Wrap *Goldfish Pretzels Fruit Juice/Milk	06 Pumpkin Muffins Dried Mixed Fruit Juice/Milk	07 Sausage Breakfast Pizza *Apple Nutri Grain Breakfast Bar Fruit Juice/Milk
10 TRIX Bar Gogurt *Honey Graham Crackers Fruit Juice/Milk	11 HOT Cinnamon Roll Fruit Juice/Milk	12 French Toast Cinnamon Rush *Animal Crackers Juice/Milk	13 Breakfast Wrap Sau/Egg/Cheese Fruit Juice/Milk	14 Warm Egg Biscuit Fruit Juice/Milk
17 Mini Strawberry Creamy Bagel Fruit Juice/Milk	18 TRIX Breakfast Bar *Yogurt Chex Mix Fruit Juice/Milk	19 Blueberry Muffin *Goldfish Pretzels Fruit Juice/Milk	20 Egg & Cheese Biscuit Fruit Juice/Milk	21 Toasted Cinnamon Twist Cereal Gogurt *Strawberry Pop Tart Fruit Juice/Milk
24 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	25 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	26 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	27 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL	28 CHRISTMAS & NEW YEARS HOLIDAY BREAK NO SCHOOL
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Grades 9-12 allowed increased grain count per USDA Standards.

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Altus High School
Lunch Menu – December 2018
“LINE 1 & 2 - Hot Meal with 2 Entrees &
LINE 3-Salad & Sandwich/Potato/Taco Bar Meal”

Monday	Tuesday	Wednesday	Thursday	Friday
03 Dec 2018 *BBQ Pulled Pork Sandwich *Sausage Pizza Corn Baked Beans Pickles Animal Crackers *Salad/Sandwich Bar	04 *Salisbury Steak w/ Gravy *Turkey Sub WG Roll Mashed Potatoes Broccoli Romaine/Tom/Pickles Goldfish Pretzels *Taco Bar	05 **“Fish and Chips” Cheese Stick *Ribette on Bun French Fries Fresh Salad w/Dressing Crackers Graham Cinn Mini Gripz * Salad/Sandwich Bar	06 *Warm Veg Soup w/Crackers Cheesefilled Breadstick *Chicken Nuggets Green Beans Veggie Pack String Cheese * Potato Bar	07 *Bulldog Hamburger *Chicken & Cheese Crispito Wedge Fries Romaine/Tom/Pickles Baby Carrot Pack Cheddar Chex Mix
10 *Grilled Cheese *Corn Dog Emoji Fries Baked Beans Pretzel Goldfish * Salad Bar	11 *Thin Sliced Ham Roll-Up *Stuffed Crust Pepperoni & Cheese Pizza Corn Broccoli Topped w/Chz Shred Romaine/Tomato Animal Crackers * Nacho Bar	12 *Popcorn Chicken *Melted Turkey & Swiss on Bagel Corn Cole Slaw Cherry Fruit Jello Scooby Cinnamon Sticks * Salad Bar	13 *Chicken Nacho's *Turkey Santa Fe on Roll Brown Rice Pinto Beans Fresh Salad *Potato Bar	14 *Bulldog Cheeseburger *Spicy Chicken Patty Sandwich Crinkle Fries Romaine/Tom/Pickles Cucumber Coins Graham Cini Mini Gripz
17 *Baked Chicken Patty *Sausage Pizza Mashed Potatoes w/Gravy Carrots Corn WG Roll Animal Crackers * Salad Bar	18 *Mini Chicken Corn Dog's *Sloppy Joe Baked Beans Broccoli Flowers Romaine/Tomato/Pickles * Taco Bar	19 *Breaded Chicken Nugget Chunks *Pizza Stick w/ Cubed Cheese Variety Green Beans Fresh Salad w/Ranch Crackers * Salad Bar	20 *Warm Turkey & Noodle Bake *Chicken & Cheese Crispito Green Peas Corn Carrot/Celery w/Ranch Scooby Cinnamon Sticks * Potato Bar	21 *Stuffed Crust Pepperoni & Chz Pizza *Bulldog Hamburger French Fries Romaine/Tom/Pickles Veggie Pack Graham Crackers
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 *Choice between two entrees will be offered at each lunch meal.
 * Fruit and Milk offered with every meal.

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